

Suggestions for Corporal Works of Mercy

Lent 2020 Nativity of Our Lord Parish

Jesus tells us in Matthew 25:40 that what we do for the least of our neighbors, we do for Him. This Lent, Nativity will work together to find ways to perform the Corporal Works of Mercy.

THE CORPORAL WORKS OF MERCY

Feed the hungry, Give drink to the thirsty, Clothe the naked, Shelter the homeless, Visit the sick,
Visit those in prison and Bury the dead.

This Lent, as a parish we are trying to focus on the Corporal Works of Mercy. It is good to perform these works during Lent, but hopefully you will continue to make them a part of your life.

Among your Family, Friends and Neighbors:

Are there people in your immediate world who need assistance in having their physical needs met? Are there some who are isolated and lonely and would appreciate a visit? Make special effort to reach out and help!

Lenten Parish Opportunities

Missionary Sisters of Charity

We will come together on two dates to prepare sandwiches and pack lunches for the Missionary Sisters of Charity who distribute them to the homeless in Center City. Please see the bulletin for further details.

Please RSVP to Ann Marie if you can participate: agervino@noolp.org

Tuesday, March 10, Church Hall 7:00 pm

Monday March 23, Church Hall 7:00 pm

The Sunday Love Project

Come join fellow parishioners as we pack hygiene bags for the homeless and snack bags for High School students in need. All items to be packed will be supplied. Bags will be distributed through The Sunday Love Project. Saturday March 14th 3:30pm (Church Hall) RSVP to nicolehess8@verizon.net

Ongoing Opportunities at Nativity:

Participate in our food drive that benefits Warminster's Food Pantry. Every second Sunday of the month drop non-perishable food items in the breezeway of the school building.

Volunteer for our H.O.P.E. program (contact Pat McCloskey 215-672-0666) program offers services to anyone in the Warminster area that needs rides to doctor's appts, groceries and medicine pick up, rides to church etc.

Participate in a group cook for the Caring for Friends program. Volunteers prepare and deliver meals to those who are confined to their home due to illness or old age. Group cooks occur monthly where

meals are assembled in the Church Hall. **Next group cook is scheduled for March 12th.** Contact Cathy Fry to let her know you are coming at ccfry@comcast.net. Cathy can also tell you how to prepare meals at home.

Volunteer to help our Senior Group with their monthly meetings including serving lunch, assisting with Bingo and cleanup. Contact Ann Gomez: 215-290-7104.

Please note that the following list is by no means exhaustive. If you know of any other opportunities, email us at mercyatnativity@gmail.com

Please also know that some of these organizations may want more of a long term commitment beyond Lent, as some training and or clearances may be required.

Local/Regional Opportunities

Volunteer at Warminster's Food Cupboard, Coordinating Council: 215-672-9422

Volunteer at Masonic Home: Opportunities include: visiting residents, helping with crafts and other recreational activities. Contact Trisha Lamb: 215-672-2500

Habitat for Humanity <https://www.habitatmontdelco.org/>—Sites in Horsham and Norristown---
Volunteer opportunities for home building, repair, office work including data entry, customer service and more.

Dawn's Place—Residents are always in need of a variety of personal items and food items. Dawn's Place works to improve the lives of women trapped by, or at risk for Commercial Sexual Exploitation, by providing housing, trauma recovery services, vocational training and other services.

<http://ahomefordawn.org/ihelp.php#volunteer>

Philadelphia:

Project Home <https://www.projecthome.org/help/volunteer-program>

The mission of the Project HOME community is to empower adults, children, and families to break the cycle of homelessness and poverty, to alleviate the underlying causes of poverty, and to enable all of us to attain our fullest potential as individuals and as members of the broader society. We strive to create a safe and respectful environment where we support each other in our struggles for self-esteem, recovery, and the confidence to move toward self-actualization. See their website for ways to volunteer.

St. John's Hospice <http://saintjohnshospice.org/volunteer/information-2/>

St. John's Hospice provides housing, meals, clean clothes and counseling for homeless men. See their website for ways to volunteer. They do take men's clothing donations daily after 1:00p.m. and throughout the day on weekends.

Mother of Mercy House <https://motherofmercyhouse.org/volunteer/>

The mission of Mother of Mercy House is to *share the mercy of God with all* through prayer and sacraments, through counseling and support, through neighborhood walks, through food assistance, and by being a simple, safe, secure and steadfast Christian presence in Kensington. Volunteers are needed to serve meals. Also, food donations are always welcome. See the website for a list of items.

Throughout the Archdiocese:

Catholic Social Services: Volunteer Opportunities in various areas and organizations:

homelessness, afterschool programs, immigration assistance, support to refugees, ESL tutors and other services. <https://cssphiladelphia.org/catholic-social-services-volunteers/>

International

Helping Hands Catholic Relief Services <https://helpinghands.crs.org/about-us/>

CRS Helping Hands is a Catholic volunteer and formation event that allows participants to serve their brothers and sisters overseas in a tangible way. Rooted in our call as Catholics to be the hands and feet of Christ in the world, volunteers work together to address hunger in both the short term and the long term. Together, volunteers package meals to send to people who suffer from chronic hunger as a result of cyclical drought and flooding in the African nation of Burkina Faso. In addition, CRS Helping Hands funds longer term, income-generating projects that allow our brothers and sisters to build a future free from hunger.

There is a meal packing event to send to Burkina Faso at St. Monica in Berwyn on March 8 . Follow the link to register. <https://helpinghands.crs.org/events/st-monica-3/>

Catholic Relief Services, Operation Rice Bowl. www.crs.org

During Lent, Nativity's poor box donations will be sent to Catholic Relief Services, Operation Rice Bowl. One suggestion is for families and individuals to consider forgoing a nice dinner in a restaurant, eating a simple meal instead and with the money saved, donating to Operation Rice Bowl through our poor boxes or sent directly to CRS. *CRS Rice Bowl is the Lenten program of Catholic Relief Services, the official relief and development agency of the United States Conference of Catholic Bishops. Lenten alms donated through CRS Rice Bowl support the work of CRS in roughly 45 different countries each year. Twenty five percent of all donations to CRS Rice Bowl stay in the local diocese, supporting hunger and poverty alleviation efforts. Since its inception in 1975, CRS Rice Bowl has raised nearly \$300 million.*