Archdiocese of Philadelphia PREP Mid-Year Assessment Study Guide Level 3

1. Trinity

A. The Trinity is the central mystery of our faith

B. The first Person of the Blessed Trinity is God, the Father

• God is all-holy, everlasting, all-merciful, all-loving, and all-knowing

C. The second Person of the Blessed Trinity is God, the Son

- Jesus is the Son of God
- He is also known as our Redeemer
- D. The third Person of the Blessed Trinity is God, the Holy Spirit

2. Sacraments

A. The Sacraments of Initiation are Baptism, Confirmation and Eucharist

- Baptism makes us children of God
 - The priest or deacon is the usual minister of Baptism
- Confirmation seals us with the Holy Spirit
 The Bishop is the usual minister of Confirmation
- Eucharist is the Body and Blood of Jesus Christ
- B. The Sacraments of Healing are the Anointing of the Sick and the Sacrament of Penance
 - Penance is the sacrament of forgiveness for our sins
 - Anointing of the Sick- the priest anoints someone who is sick or in danger of death with the sacred oil.
- C. The Sacraments at the Service of Communion are Holy Orders and Matrimony
 - Holy Orders
 - is when a man is ordained a deacon, priest or bishop
 - only men can receive the Sacrament of Holy Orders
 - Matrimony is the sacrament that a man and a woman pledge their love for a lifetime before God and His Church

3. Mary

- A. Mother of God
- B. Our Mother
- C. Model of faith and holiness for all believers
- D. The Immaculate Conception which means that Mary was free from sin
- E. There are four sets of mysteries of the rosary which recount the lives of Jesus and Mary. (Joyful, Luminous, Sorrowful and Glorious)

4. Liturgical Year

- A. Advent is a time to prepare for Christmas
- B. Solemnities celebrate the most significant or special events of the Church
- C. Some important days of the Liturgical year are:
 - October 7 Our Lady of the Rosary
 - November 2 All Souls Day
 - December 12 Our Lady of Guadalupe, Patroness of the Americas
 - January 5 St. John Neumann, Fourth Bishop of Philadelphia

5. Prayer

- A. We pray to praise God, to ask for our needs, to express sorrow for our sin and to give
- B. thanks for our blessings.
- C. Jesus taught us the Our Father
- D. The Hail Mary is a prayer to honor Mary
- E. The Creed means "I Believe"
- F. The Apostles Creed tells us what Catholics believe
- G. An aspiration is a short prayer which invokes the name or title of a saint (for example,
- H. "My Jesus, mercy!"
- I. The Act of Contrition is a prayer of sorrow.

6. Sacramentals

- A. Holy actions (sign of the cross, blessings)
- B. Holy objects (crucifixes, rosaries, holy water and oils)